

Healthy Schools for Healthy Children

Good Indoor Air Quality and Thermal Comfort

- Monitor regularly.....Ventilation rates, air pollution, temperature range
- Test for..... Radon, Lead, Mercury (fluorescent light bulbs are dangerous when inhaled), PCBs in older caulking or ballasts
- Moisture and humidity level control (aim for 30-50 % humidity in buildings)

Good Outdoor air Quality

- No idling zone close to school entrances
- Check for lead exposure and arsenic treated wood on outdoor playscapes
- UV radiation.....encourage the use of 30spf sunscreen



Cleanliness

- Use environmentally preferable materials.....use less toxic, third party specified cleaning, paper products and hand soaps
- Use HEPA filter vacuums
- Promote frequent hand washing
- No food in labs



Reduce the use and Storage of Toxic Chemicals

- Avoid chemical spills
- Avoid disinfectant sprays, air fresheners
- Check labels for the use and storage of supplies for art and science labs
- Ensure good ventilation in storage areas

Remediate Hazards

- PCBs, asbestos and radon
- Lead in drinking water.....lead piping, cleaning supplies for water fountain
- Do not dump chemicals into toilets or storm drains

Helpful Links

- www.epa.gov/schools
- www.cehi.org
- www.healthyschools.org
- www.saladbars2schools.org
- www.thelunchbox.org

