Calorie Count Protocol

1. Calorie count order should include days that ticket must be collected.
2. Post the envelope in the patient's room. Use the envelope to collect the tickets.
3. Use the calorie count reference list to calculate.
4. Multiply the percentage of the consumed item with the reference amount.
5. Use the daily calorie count note to document.

Calorie Count Note

Day #1, Date: _____

Total Calories_____   % Estimated calorie needs _____
Total Protein _____   % Estimated calorie needs _____

_____

Day #2, Date: _____

Total Calories_____   % Estimated calorie needs _____
Total Protein_____   % Estimated calorie needs _____

_____

Day #3, Date: _____

Total Calories_____   % Estimated calorie needs _____
Total Protein_____   % Estimated calorie needs _____

_____

Comments: _____